And Neurasthenia



it rich and mellow with age right either as a beverage or medicine. See the point ?

Geo. Greenberger. 47 FRANKLIN STREET. hone 812. Norwich, Gonn.

Sideboards

ings - unfinished and unsatisfactory. It lacks the touch that gives the room

tively the lowest. Special prices on all Dining Room Furniture this week.

Shea & Burke 37-41 Main Street.

GOOD START ON SECOND CENTURY

Mrs. Lyman Rogers of Montville Over 100 Years Old Visits Neighbors and Gets About Unaided-Secret Lies in the Bringing up of Olden Days.

beef critter.

Would Do if He Was to Go to Col-

Some sterling advice to those enter-

ng college is given in an article by

the same experience and wisdom which mature years have brought me, I should select a college having for its president a strong, virile, consci-

Mrs. Lyman Rogers, who resides dings, plenty of corn meal and rye with her daughter, Mrs. Nancy M. meal and then they would kill bogs and now and then father would kill a Street, in a pretty, flower-surrounded ottage on the Gay road, Palmertown, passed her one-hundredth birthday August 19. Today Mrs. Rogers is August 19. Today Mrs. Rogers is mentally and physically more active than the majority of persons is at the allotted three score years and ten, and is able to converse interestingly upon matters that happened away back in the early days of the nine-teentin century.

back in the early days of the nine-teenth century.

When the idea strikes her, she thinks little of taking a walk to the homes of neighbors and deeply resents the waterful care which on these occasions, her relatives feel they must exercise. Mrs. Rogers does not wish to be reminded of her age—that, of course, being a general femnine trait—and her family takes care to avoid mention of this in her present.

She was born in North Groton, now known as the town of Ledyard, August 16, 1902. Her maiden name was Nan-

known as the town of Ledyard, August 16, 1903. Her maiden name was Nancy C. Perkins and she was one of a family of 15 children, of which she is the sole survivor. She was the oldest daughter and the second oldest in the family. a, brother being the eldest. She is daughter of Russell Perkins and Bathsheba Chapman.

When 24 years old she married Charles, Landmoan Perkins, a Groton man. Four children were born of the union. After the death of her first busband she remained a widow for six years, then married Lyman Rogers, by whom she had five children.

She was seen on Sunday sitting but the window of her room looking out on the flower beds, writes a Montville correspondent. Except for a slight deafners in one ear, no evidence of It cannot be doubted that while longevity apparently is to some extent hereditary in her family, the good, plain living of her earlier years has had much to do with her wonderful preservation, combined with her extraordinary will power and determination, this later at times making it no easy matter for her family to guide her movements. Her appetite is excellent and she wants her food to be substantial.

upon her staff now, but she likes to be out of doors all she can and has dur-ing the summer traveled considerable distances to talk with her friends. Up-

the window of her room looking out on the flowar beds, writes a Montville correspondent. Except for a slight deafness in one ear, no evidence of impairment of her faculties htrough old age is apparent. Her eyes are as bright and snappy as they were long ago and she wore no glasses to ald her vision.

Reminiscently she talked of old times: "There was a big family of us, 15 boys and girls. Yes, we lived differently then. It was hard work in those days. Folks nowadays think they had it hard working ten hours a day, but they worked fifteen or more hours when I was a girl and thought nothing of it. And now they tell me they are to work only eight hours a day.

"Children" O work only eight hours a day.

The man a sight out talk with her friends, Up-on on one recent occasion she went off in this way and resisted all efforts to induce her to come home, remaining all night out of doors rather than submit to be led back. She suffered no ill effects from the exposure, however, but her daughter, Mrs. Street, is 16 years of age, and, like Mrs. Rogers, which was a lecture for it from her mother.

ORMER NORWICH PASTOR ON COLLEGE EDUCATION

"Children? O. yes. I've had two flocks of them, four in one flock and five in the other, and there's just one of each flock left. We didn't have so Rev. Thomas Simms Tells What He fanc ythings to eat in those We had plenty of milk and pud-

Weakness of the Nervous System Often Dependent Upon Long-continued Indigestion.

Nervous Dyspapsia

cept at the birth of my children and I don't need one now. I do now and then feel a trifle cold in my hands and feet and then I go to bed and get warm again. Do you know the best way to get your feet warm? Well, Flitell you. Get a chunk of hard wood, heat it in the oven and wrap it up in a cloth. That's the best way as the wood can't burn anything. Just you try it."

Neurasthenia, also known as "nervous exhaustion," "nervous debility," and "nervous prostration," is a discase, which in these modern strenuous times is becoming more and more prevalent. It is a condition in which there is more or less marked and persistent loss of energy, together with considerable irritability.

Persons who suffer from this trouble are easily excited and irritated; cannot do as much work as formerly, and in attempting any mental effort, quickly become confused, and are unable to concentrate the attention. They also complain of insomnia, nervous indigestion, depression of spirits, and palpitation of the heart.

There is a general muscular weakness: the person cannot walk very far, and tires quickly on attempting physical exertion. There is ringing in the ears: blurring of eyesight; headache and vertigo; specks floating before the eyes, and a general restlessness. The ability to sustain prolonged intellectual effort is interfered with, and the patient imagines he is losing his memorry.

Neurasthenics continually watch for try it."
In bidding the venerable woman good afternoon she was particular about requesting another call soon. Among her valued treasures are a cigar box brought from the south by her first husband in 1872 and the old English reader in which she and many of her brothers and sisters first studied.

ory.

Neurasthenics continually watch for new symptoms, unconsciously exaggerate the old ones, attaching undue importance to them. Causeless fear is often suffered from; a dread of some

importance to them. Causeless lear is often suffered from; a dread of some impending danger; extreme pessimism: dark forebodings and hysteria. Sleep is not refreshing, and the person feels much more tired in the morning than at night. Horrible dreams and nightmare are usually complained of.

But by far the most prominent manifestation of Neurasthenia is Nervous Dyspepsia. In nearly every case, this disturbance of the stomach dominates the complaint. Cause and effect may be transposed, and dyspepsia may be transposed, and dyspepsia may be the result of Neurasthenia, but oftener indigestion is the original cause of the nervous condition. The nerves are simply "starved" because the stomach does not digest the food properly, and as the nerves are dependent upon the food which the blood absorbs from the stomach for their sustenance, any deprivation thereof is sure to cause nerve weakness.

The use of "nerve tonics" in this

The use of "nerve tonics" in this ondition is a mistake; they merely stimulate but do not rebuild nerve tissue. Completely digested food is the only true nerve builder and strengthener; and in the treatment of strengthener; and in the treatment of nervous exhaustion, one should first cure the nervous dyspopsia, which is usually the origin of the trouble, by taking STUART'S DYSPEPSIA TABLETS in doses of one or two after each meal, or whenever needed, and the long train of nervous symptoms will be cured along with the nervous dyspensia

dyspensia.

The celebrated remedy is without The celebrated remedy is without a peer in the treatment of nervous indigestion and in fact, indigestion of any kind. They digest all the food with great thoroughness, and facilitate its absorption by the blood, which carries it to the weakened, diseased nerves and builds them up, so that every symptom of Nervous Exhaustion is gotten rid of.

Purchase a box frem your draggist church, but now located in Braintree, Mass. This article won honorable mention in a prize contest last mouth, the subject being If I Were to Go to College Again. It is as follows:

Granted that as a youth I possessed the same experience and wisdom

dress for free sample package. Address F. A. Stuart Co., 150 Stuart Bldg., Marshall, Mich.

its president a strong virile, consci-entious man, in whom the students have the utmost confidence, and who inspires men to covet a noble man-hood. I should decide upon a college which, while giving due prominence to physical training, does not subor-dinate all else to athletics. loyal throughout life. I would be slow to choose and eager to hold as friends men of high ideals, or earnest purpose and sterling qualities. Allegi-ance to a few of this stamp I should dinate all else to athletics.

The college of my choice would be one where the fraternity spirit is normal, not exceeding that of class and college, and where the expenses of societies and fraternities do not embarrass students of average means.

While in college, I should, through the gymnasium and by other methods, seek to build up a strong physical body, to serve me in good service through the stress and strain of the many years that follow. ance to a few of this stamp I should put far above mere general popularity.

As a student it would be my purpose, while seeking to learn something about many things, to become an authority upon one line, philosophy, history, language or other subject. The end of the freshman year is none too early to begin this specializing. It might be wise for me to make a confidant of a sane college graduate, either of or outside the college, with whom I might look for counsel.

As a student, it would be my aim many years that follow.

My relations to the college faculty ought to be quite different from that which obtains in many quarters. As-

suming that they are men of superior ability, without whom it would be impossible for a college to exist, it would be wise for me to avoid a spirit of hostility, criticism and aloofness and in every possible way to avail myself of the advantages that As a student, it would be my aim to master subjects, rather than particular textbooks, and to gain a broad and accurate knowledge rather than to make fine recitations—to learn to think, to ask of myself questions and seek for answers and to learn the important art of investigation.

As to finance—were I to earn my way through college it would be wise for me to do a maximum of wage-earning during vacation, so as to devote the maximum of time while col-

would result from a friendly attitude toward them and of close personal contact. It would be a great gain to me while in college if I were able to keep free from all bostile criticism of earning during vacation, so as to devote the maximum of time while college was in session to regular college
work. It would be folly for me to
devote the major part of my time
while in college to earning money,
and far better either to borrow, securing myself by a life insurance policy
of a thousand or two thousand dollars,
or prolong my course by remaining
out a year or two rather than impair men, addresses and sermons.

Appreciating the great value of friends and the rare opportunity college affords for cultivating a body of sincere friends, to whom I may be

of a thousand or two thousand dollars, or prolong my course by remaining out a year or two rather than impair my health or my scholarship by outside work during college time.

Reaching the junior and senior years it might be well for me to seek to acquire that very important knack of leading men, since every college graduate ought to become a leader of men in after life.

Upon graduation should I have a sound strong body, a trained and sane mind, a sweet, companionable spirit and a deeply rooted belief, in right-course would be productive of the highest permianent benefit.

These are some of the things I dream of doing were I again back in college, but, alas! were I, as a youth, again there, I should probably very foolishly shun the faculty, be indifferent to ideals, grow hypereritical, catch the extreme fraternity fever, regard the four years as a prolonged picnic, declare athletics to be the chief end of man—and years later lament with Puck—"What fools we mortals be!"—

The list of patents issued in Connecticut on the 5th day of October, as furnished from the office of F. H. Allen, follows: C. R. Alsop, Middletown, reversing gearing: A. Arens and E. L. Teich, New Britain, indicator for door locks: D. F. Armstrong, Groton, automobile protector: W. Crossley, West Haven, veterinary operating table; B. M. Des Jardins, West Hartford, typesetting and justifying machine; F. L. Eager, Waterbury, troiley harp and wheel; M. Guett, Hartford, making interlocking foints: H. B. King, Hartford, jar for well drills; H. D. Lanfair, New Haven, hack saw machine; W. E. Porter, New Haven, coin operated yending machine; W. A. Pratt. Stamford, wrench; E. A. Schade, New Britain, miter box saw support; F. E. Seeley, Bridgeport, push button switch; W. L. Shepard, Manchester, apparatus for producing fuel and gas from peat; E. E. Stockton, Bristol, nickel alarm clock (two). furnished from the office of F. H. Al-

East Hampton.—Supt. of Schools E. T. N. Sadler has compiled a table of districts showing the average attendance per district, which ranges from 106 to 72.9 per cent. The total number registered in town October 1 is 412 per cent, of attendance for town for month ending Oct. 1, 20.3.

Groton.—The newly elected board of selectmen of Groton, which includes Dr Louis M. Allyn, Albert F. Hewitt and Merton Chapman, met at the new Town hall in Poquonoc Wednesday, and organized for the ensuing year.

New London, Attorney Daniel M. Pronin and Mayor Thomas L. Rellly of Meriden will be the speakers at the Elk's memorial services which are to take place in the Lyceum theater on

Grand Auction Sale

HOUSE LOTS

Thursday, October 14th, at 1.30 P. M.

Sees the Opening of a Land Sale that will attract the attention of all interested in values of Residential property in Norwich.

On that day, will be sold at PUBLIC AUCTION, the well known SLATER PROPERTY, which has lately been sub divided into 42 Choice Residential Lots, and named

"Fairlawn Park."

iness centre, and on Broadway, Slater Avenue, Broad and Cedar Streets, and a new street named Elmwood Avenue has just been laid out through the property.

"Fairlawn Park" has all city improvements, water, sewer, gas and electric lights, while the streets

The Mansion on the property, said to have cost over \$250,000, will also be sold, regardless of cost or

It positively will be sold at some price, and builders and others interested are invited to examine the incide any day before sale. The inside work on this Mansion is said to have cost more and be more artistically finished than any other house in the State.

On Wednesday evening, October 13th, from 7.00 to 10.30 p. m., the house will be illuminated, and the

BAND CONCERT by TUBBS' MILITARY BAND, from 7.30 p. m. until 10 p. m. Wednesday Evening, on the lawn. We shall also exhibit in the Mansion the Pianos and the Beautiful Presents that we shall give away FREE the Days of the Sale.

Never such a sale as this in the history of Norwich. It is property that has a recognized and standard value. No man who knows anything of Norwich's Geography can look on this spot and doubt the it would be sold at auction and on easy terms. The lots are all high, dry and level, and offer the opportunity which has long been sought by the homesecker and investor to buy high class, restricted city

We wish to have the Public come to this sale, to see the great improvements, and as an advertise. are going to give away FREE \$2,000 worth of Valuable Souvenirs, including 3 Upright Pianes-These are Absolutely Free to those attending the Sale. You do not have to purchase anything or spend one cent to receive same. (See small bills for particulars.)

A few lots will be reserved for sale Friday and Saturday at same hour, but attend first day's sales and

Sale will be held rain or shine. In case of rain, shelter will be provided.

Easy Terms!

Easy Terms!

a period which will be announced before sale.

The property will be suitably restricted.

For further particulars, inquire of owner on the property.

JOHN J. LINSKEY, Owner.

L. H. GREEN, 353 Fifth Avenue, New York, N. Y., will conduct sale.

Your Hats

Now Is Your Opportunity

-TO BUY ---

High Grade Sample Shoes

from the leading manufacturers 79 of the latest fall

styles in all leathers. Althought the "tariff" gives us free hides, leather is going up in price. Buy now and save money. These shoes were made to sell for \$3.00, \$4.00, \$5.00, \$6.00, \$7.00, per pair.

Our Prices \$2.00 to \$2.75 per Pair

Bench Made \$3. and \$3.50 per Pair

BROCKTON SAMPLE SHOE STORE,

138 Main Street.

if purchased at

Here you will find the largest selection of the season's newest productions of both SOFT and STIFF HATS to be found in Eastern Connecticut.



Our Clothing

for Men and Young Men is of the kind that speaks its own praises. Our stock this season is the largest in our history and of such a wide variety of fabrics as to appeal alike to the swagger and conservative.

THE SUITS

\$10, \$12, \$15 and \$18 are big values and full of style.

"SEE THEM AND YOU WILL SAY SO."

Clothier, Hatter and Furnisher,

Corner Main and Shetucket Street



High grade, good fitting, stylish and clean made clothing is our specialty-Why should any man or woman hesitate to get a suit when you can purchase the above kind from us, and pay for giving us ONF dollar each w

	same by giving us one ut	onar ea	cu wee	n
	WOMEN'S SUITS	\$10.00	o to \$40.	.00
	SKIRTS	\$ 1.0	o to \$12.	.0
	WAISTS	\$ 1.0	o to \$10.	.01
	COATS	\$ 7.5	o to \$25.	.01
	SHOES			
Į	MEN'S SUITS	\$ 7-5	o to \$30.	.00
l	MEN'S OVERCOATS	\$10.00	o to \$35.	00
í	RAIN COATS	\$10.00	to \$20.	.00
	TROUSERS	\$ 3.00	to \$ 6.	00
į	HATS	\$ 2.00	to \$ 3.	00
	SHOES	\$ 2.50	to S A	00

29-31 SHETUCKET STREET

29-31 SHETUCKET STREET